

VISION & GOAL SETTING WORKSHEET



organicarchitect™

INSTRUCTIONS

Before meeting with Eric Corey Freed, we would like to ask that you write out your goals (on separate sheet) & complete this worksheet. It will help prepare you for your meeting and your future. Your answers are private. We are not asking to share them with us.

- Visualize your life in 10 years.
- Be specific.
- What would you dare to do if you knew you could not fail?
- Describe what you see, hear, and feel in your ideal life.

HOW TO WRITE OUT YOUR GOALS

~~I'll save money for school~~ vague & meaningless | *I have \$10,000 for my Masters* present tense | *by May 2016* quantifiable & specific | *by saving \$500/month* by-when date | following a task affirmative, concise

WHAT ABOUT YOU?

_____ date _____ name _____ current age _____

HOPEFUL TIRED
 DISCOURAGED SCARED
 UNAPPRECIATED _____
current state of mind

YOUR VISION

By _____, I want to _____

HAVE MY OWN FIRM
 HAVE A SENIOR POSITION AT A FIRM *that's doing* _____ *located in* _____
 BE RUNNING AN ORGANIZATION
year type of work city

I'll have _____ employees and _____ support to help me. I describe my life as _____ & _____. In addition,

number support adjective adjective

I'd also like to _____ & make the world a better place by _____

TEACH WRITE BOOKS
 LECTURE WRITE ARTICLES
 RESEARCH SERVE ON A NONPROFIT BOARD
topic(s) problem to solve

_____ what will make you different? _____ what will you be proud of? _____ what skills will you need? _____ what licenses will you need?

_____ what obstacles stand in your way? _____ how will you overcome them? _____ what are you afraid will happen? _____ how will you know you've succeeded?

YES YES YES YES
 NO NO NO NO
 DON'T KNOW YET DON'T KNOW YET DON'T KNOW YET DON'T KNOW YET
do you like speaking to a group of people? do you like managing people? can you present your ideas to others? can you speak passionately about your ideas?

_____ name someone doing something similar to this _____ will contact them by _____ list a book you need to read to help you in your goals _____ will read by date
(list date one month from now)

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list the **DAILY TASKS** you'll do to achieve these goals list the **WEEKLY TASKS** you'll do to achieve these goals list the **MONTHLY TASKS** you'll do to achieve these goals

Revisit this worksheet every six months. You'll redo this on: _____
date 6 months from now

COMMITMENT: I promise my future self that I will adhere to this vision and taking the steps to work toward it:

_____ signed _____ date _____

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