

GREEN MATERIAL ALTERNATIVES FOR HOMEOWNERS

Insulation

Having a well-insulated building envelope is crucial to creating an environmentally sound building. By minimizing heat transfer through the envelope, energy used to maintain the interior climate is similarly minimized, reducing both utility bills and the environmental costs of fossil fuel use.

Fiberglass batts are the most common means of insulating walls and ceilings. Cellulose insulation is made from recycled paper that is applied as either loose fill into attics and closed wall cavities or damp-sprayed into open wall cavities. Due to its recycled content and superior energy and acoustic performance, cellulose is a very environmentally-preferable product.

Cellulose Insulation GreenFiber 800/228-0024 (Retailer info) 888/592-7648 (Installer info) www.greenstone.com

Soy-based foam insulation BioBased Systems is a low-density, open-cell polyurethane spray-foam insulation derived in part from soybean oil. Grant Swede Bio-Based Systems 10A Wolfer Industrial Pk. Spring Valley, IL 61362 Phone: 800-803-5189, Fax: 479-246-9524 www.biobased.net

Cotton Denim Insulation Bonded Logic, Inc. 411 East Ray Road Chandler, AZ 85225 480-812-9114 sales@bondedlogic.com http://www.bondedlogic.com



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Paint

Conventional paints contain a multitude of harmful chemicals and compounds which offgas into the atmosphere, affecting the health of people and the planet. These paints release Volatile Organic Compounds (VOCs), which are actually a class of carbon-based chemicals that have the capacity to rapidly evaporate. VOCs are responsible for the smells we associate with new paint and cause some people to get headaches. "Greener" paint refers not to the color, but to paint that contains fewer of these dangerous chemicals (such as formaldehyde, benzene, toluene, biocides, lead, and cadmium) while still providing very high performance paint qualities. Fortunately, you can easily avoid generating pollution and unsafe living spaces and still have beautiful, walls of any color by using low-VOC, zero-VOC, recycled, or natural paints.

Low/Zero VOC Paints: Keim Mineral Systems Mame Cohalan Cohalan Company, Inc. 3 Port Lewes Lewes, DE 19958 Phone:302-644-1007, Fax: 302-644-0866 www.keimmineralsystems.com

Kelly Moore Paint Co. (EnviroCote) 800/874-4436 x198 www.kellymoore.com

Benjamin Moore (Pristine Eco-Spec) 800/344-0400 www.benjaminmoore.com

<u>Recycled Content Paint</u>s: Kelly Moore Paint Co. (EnviroCote) 800/874-4436 x198 www.kellymoore.com

<u>Natural Paints</u>: EcoDesign (BioShield) 800/621-2591 www.bioshieldpaint.com

Antique Drapery Rod Co. Inc. (Healthy Milk Paint) Dallas, TX 214/653-1733 www.antiquedraperyrod.com Pittsburgh Paints (Pure Performance) 888/774-7732 www.pittsburghpaints.com

ICI DuLux Paints (Lifemaster 2000) 800/984-5444 www.icipaintstores.com

Sherwin-Williams (HealthSpec) 800/321-8194 www.sherwinwilliams.com

Amazon Environmental, Inc. (Amazon Select Recycled Paint) 800/566-2396 www.amazonpaint.com

D. O. Siever Products (Real Milk Paint) Quakertown, PA 800/339-9748

Natural Home (Auro) Sebastopol, CA 707/824-0914 www.naturalhomeproducts.com American Formulating and Manufacture (AFM) (Safecoat Enamels) 800/239-0321 www.afmsafecoat.com

The Glidden Company (ProMaster) 800/834-6077 www.iciduluxpaints.com

ChemSafe Products (EnviroSafe) 210/657-5321 www.ecowise.com

Sinan Co. (Auro) Davis, CA 530/753-3104 www.dcn.davis/ca/us/qo/sinan

Old Fashioned Milk Paint Co. Groton, MA 978/448-6336 www.milkpaint.com



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Wall Board Materials

Fiberock Gypsum Fiber Panels

Fiberock(TM) Abuse-Resistant Gypsum Fiber Panels incorporate perlite and recycled newsprint paper into the synthetic gypsum core. Unlike standard drywall, there are no paper facings. The resulting fiber-reinforced panels are stronger, stiffer, and denser than regular drywall, provide better screw/nail retention and increased thermal mass. This product has a total recycled content exceeding 95% by weight.

USĞ Corporation 125 S. Franklin St. Chicago, IL 60606 Phone: 312-606-4000 Toll-free: 800-874-4968 Fax: 312-606-4476 www.usg.com

Prestowall

The Prestowall system is designed to replace standard stud and drywall construction for interior walls. These 2-1/4"-thick straw panels, measuring 4' wide and are bound together with only high heat and pressure using straw that originated from within a 20-mile radius of the manufacturing plant. The panels are tapered at the vertical edges to 2" with slots to receive biscuit connector disks for fastening panels together with screws. Joints can be taped and finished just like drywall. Two preformed 3/4" channels per panel are available for wiring. Prestowall comes with a recycled paperboard finish and is resistant to mold, termites, and fire--with a Class A fire rating possible for commercial use and a Class B rating for residential use. Straw panels bound in this way are exceptionally strong and do not offgas pollutants.

Affordable Building Systems LLC 2750 State Hwy. 160 Whitewright, TX 75491 Phone: 903-364-1198 Toll-free: 866-364-1198 Fax: 903-364-1108 www.affordablebuildingsystems.com

EnviroGT wall and corner guards provide an alternative to conventional vinyl wall and corner guards. Matt Bennett InPro Corporation P.O. Box 406 Muskego, WI 53150 Phone: 262-679-9010, Toll-free: 800-222-5556 Fax: 888-715-8407 www.inprocorp.com

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Reclaimed Lumber and Timbers

Black's Farmwood P.O. Box 2836 San Rafael, CA 94912 Phone: 415-499-8300 Toll-free: 877-321-WOOD Fax: 415-499-8309 www.blacksfarmwood.com Caldwell Building Wreckers 195 Bayshore Blvd. San Francisco, CA 94124 Phone: 415-550-6777 Fax: 415-550-0349 www.caldwell-bldg-salvage.com TerraMai 1104 Firenze P.O. Box 696 McCloud, CA 96057 Phone: 530-964-2740 Toll-free: 800-220-9062 Fax: 530-964-2745 www.terramai.com

FSC Certified Wood

The Forest Stewardship Council (FSC) has established standards in sustainable forest management and created a mechanism—third party certification—that ensures that they are followed. In addition to addressing its environmental impact, the FSC considers the impact of logging on local communities and indigenous peoples and supports their interests. There are other wood certification programs, notably the industry-created Sustainable Forestry Initiative; however, only the FSC has high enough standards to be endorsed by the World Wildlife Foundation, the Wilderness Society, the Natural Resource Defense Council, the Rainforest Alliance, the World Resources Institute, and the US Green Building Council.

EcoTimber 1611 Fourth Street San Rafael, CA 888/801-0855 www.ecotimber.com

Earthsource (a division of Plywood & Lumber Sales, Inc.) 1618 28th Street Oakland, CA 510/208-7257 www.earthsourcewood.com

Golden State Flooring (A Division of Higgins Lumber Co.) 680 8th Street Ste. 169B San Francisco, CA 415/522-5120 and 6805 C Sierra Ct Dublin, CA 925/551-4750 www.goldenstateflooring.com Big Creek Lumber Company 3564 Highway 1 Davenport, CA 800/464-2770 www.big-creek.com/

Hayward Lumber 429 Front Street Salinas, CA 831/775-8800 www.haywardlumber.com

Plywood and Lumber Sales 4050 Horton Street Emeryville, CA 510/547-7257 www.pals4wood.com

Beronio Lumber 2525 Marin Street San Francisco, CA 415/824-4300 www.beronio.com Golden State Lumber 38801 Cherry Street Newark, CA 510/818-1000 and 1100 Andersen Drive San Rafael, CA 415/454-2532 and 150 South Napa Junction Road American Canyon, CA 707/648-7000 www.goldenstatelumber.com

Home Depot 770/433-8211 www.homedepot.com

Alternatives to CCA-Treated Wood

Pressure treatment is used to prevent decay and insect damage to wood used for playground equipment, decks, telephone poles, foundations for buildings, picnic tables, landscaping ties, wharfs, retaining walls, and fence posts. Copper chromated arsenate (CCA) is the most common preservation treatment for wood that a typical homeowner will encounter.

Arch Wood Protection, Inc (Wolmanized Natural Select) 770/801-6600 www.wolmanizedwood.com Osmose Wood Preserving, Inc. (NatureWood) 800/241-0240 www.osmose.com Chemical Specialties (ACQ Pressure Treated Wood) 800/421-8661 www.treatedwood.com



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High Performance Windows

Because energy efficiency is a crucial component of sustainable design, the efficiency of a building's windows is thus a good indication of how green a building is. The ability to create buildings with superior energy performance has been due, in large part, to the many improvements in window technology made during the last thirty years. These technologies are widely available and relatively inexpensive for most commercial and residential applications.

Fiberglass Windows: Accurate-Dorwin Winnipeg, Manitoba CANADA 888/982-4640 www.accuratedorwin.com

Integrity Windows and Doors Marvin Marketing Office Eagan, MN 800/328-0268 www.integritywindows.com

Milgard Manufacturing, Inc. Tacoma, WA 800/645-4273 www.milgard.com

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Bamboo Flooring

Bamboo is actually a grass that functions as a single plant, self-propagating as it spreads underground. Bamboo is not harmed by harvesting and can regrow into mature fiber in three-and-a-half to seven years. Most bamboo is found in China, but India, Japan, Vietnam, Costa Rica, and Indonesia are also commercial exporters. In China, the bamboo is raised by farmers and sent to a Chinese factory to be split, milled into small rectangles and glued into planks. These materials are then shipped to the US where it is manufactured into flooring.

Earthsource Forest Products (a division of Plywood & Lumber Sales, Inc) 1618 28th Street Oakland, CA 510/205-7257 www.earthsourcewood.com

Bamboo Hardwoods, Inc 800/783-0557 Sales Rep: Mari Strain 510/550-4449 www.bamboohardwoods.com ProSource (trade only) 3051 Teagarden San Leandro, CA 510/614-9435 and 320 Swift Avenue S. San Francisco, CA 650/871-9600 www.prosourcefloors.com

Eco Timber 1611 Fourth Street San Rafael, CA 888/801-0855 www.ecotimber.com

Smith and Fong 375 Oyster Point Blvd. #3 South San Francisco, CA 866/835-9859 www.plyboo.com

Flourish International 4562-I East Second Street Benecia, CA 707/748-7906

Cork Flooring

Cork is the outer bark of the cork oak tree and is typically harvested every nine or ten years. It is a natural product that can be used anywhere a resilient floor is needed. Cork generally comes in tiles of various sizes, is durable, provides acoustical and thermal insulation, cushions the foot, is resistant to moisture damage and decay, and is easy to clean.

Mari Strain **Flooring Alternatives** Wk: 510.550.4449 mari@flooringatternatives.com

Dodge-Regupol, Inc Lancaster, PA 866/833-7780 www.regupol.com

Korq, Inc New York, NY 877/397-8663 www.korqinc.com

WE Cork Exeter, NH 800/666-2675 www.wecork.com Expanko Cork, Co. West Chester, PA 800/345-6202 www.expanko.com

Natural Cork, LLC. Augusta, GAS 800/404-2675 www.wicanders.com

Wicanders Natural Cork River Edge, NJ 800/828-2675 www.wicanders.com

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Green Carpet

"Green" carpet includes natural fibers such as: Wool, Jute, Sisal, Sea Grass, Coir or recycled content "pop bottle" PET plastic. NOTE: For reasons outlined below, exploring alternatives to carpeting is highly recommended.

Mohawk Carpet (mfgr) (Image Carpet) 800/266-4295 www.mohawkcarpet.com

Anderson Carpet 4101 Broadway Oakland, CA 510/652-1032 Conklin Brothers 2999 Teagarden San Leandro, CA 510/357-1090

Brandon Carpet Co. 20338 Meekland Avenue Hayward, CA 510/538-0992

Local Mohawk Dealer Shawn Carlson 415/245-0324 Shaw Industries, Inc. (Renew Carpeting) 800/342-7429 www.shawcontract.com

Shaw Carpet and Floor Center 3191m Crow Canyon Place San Ramon, CA 925/866-2200

Natural Linoleum Flooring

Natural linoleum is a durable flooring product made from linseed oil, pine rosin, wood flour, limestone dust, natural pigments, and jute. Natural linoleum can be used anywhere a resilient floor is needed, as well as also being used in countertop and desktop applications. Natural linoleum is available in tiles and sheets. Once the predominant flooring, natural linoleum has been largely displaced by less expensive vinyl flooring. However, due to its many environmental and performance advantages over vinyl flooring as well as its attractive, vibrant appearance, it is making a comeback.

Armstrong World Industries 800/233-3823 www.armstrongfloors.com Azrock (a division of Domco, Inc.) 800/558-2240 x8240 www.domco.com/azrock Forbo Industries, Inc. 800/842-7839 www.forbo-industries.com